



BAOBAB
WELLNESS

INTENSIVE PROGRAMS



NIRAMA AT
BAOBAB WELLNESS



INTENSIVE PROGRAM

NIRAMA DETOX PROGRAM

5 DAYS

DAY 1

90 MIN.

- Consultation
- Facial & Body Exfoliation
- Detox Nirama Wrap
- Facial & Body Skin Nutrition
- Herbal Infusion

DAY 2

80 MIN.

- Nirama Detox Wrap
- Anti Cellulite Massage
- Body Skin Nutrition
- Herbal Infusion

DAY 3

80 MIN.

- Nirama Detox Wrap
- Drainage Massage for Legs & Abdomen
- Body Skin Nutrition
- Herbal Infusion

DAY 4

90 MIN.

- Complete Deep Massage (Face, Body, Feet)
- Herbal Infusion

DAY 5

80 MIN.

- Body Peeling
- Detox Nirama Wrap
- Facial & Body Skin Nutrition
- Localized Massage
- Herbal Infusion

Program price

535 €

INTENSIVE PROGRAM

ANTI STRESS THERAPY	3 DAYS
DAY 1	90 MIN.
<ul style="list-style-type: none">· <i>Abhyanga (face, head, full body & feet ayurvedic relaxing massage)</i>· <i>Herbal Infusion</i>	
DAY 2	90 MIN.
<ul style="list-style-type: none">· <i>Champi (Head, face, neck & shoulder ayurvedic massage)</i>· <i>Pada Abhyanga (foot exfoliation & massage, up to the knee)</i>· <i>Herbal Infusion</i>	
DAY 3	90 MIN.
<ul style="list-style-type: none">· <i>Anti Stress Ritual (personalized treatment combining massage with herbalized compresses, wrap & ayurvedic relaxing massage)</i>· <i>Herbal Infusion</i>	
Program price	420 €

BODY & FACIAL HYDRATION THERAPY	2 DAYS
DAY 1	90 MIN.
<ul style="list-style-type: none">· <i>Face & Body Exfoliation</i>· <i>100% Pure Aloe Vera Body Wrap</i>· <i>Facial Skin Nutrition & Hydration</i>· <i>Body Skin Nutrition</i>· <i>Skin Care Herbal Infusion</i>	
DAY 2	80 MIN.
<ul style="list-style-type: none">· <i>Full Body Massage with Nutritive Oil</i>· <i>Facial Massage with Rasayana Rejuvenation Serum</i>· <i>Skin Care Herbal Infusion</i>	
Program price	210 €

INTENSIVE PROGRAM

BEAUTY PROGRAM

2 DAYS

DAY 1

150 MIN.

· *Spa Manicure & Spa Pedicure with Classic or Semi Permanent Polish*

DAY 2

120 MIN.

· *Personalized Facial Treatment
(Deep, Anti Age, Clarifying, Ultra Moisturizing, Probiotic)*

Program price

210 €